

S U M M E R 2 0 1 4

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

CABIN NEWSLETTER

VOLUME 12, No. 50

JUNE, 2014

Photo Favorites



Neil Baldwin.
"From my window."

Thank you to all who responded to my call to share your favorite Mount Laguna photos. I received many terrific photographs of Mount Laguna seasons and vistas, animals, plants, flowers, and sunsets. Many more photos were sent than can possibly be used in just one newsletter. You'll see some on pages 5 and 6, and others in future MLIA newsletters. Enjoy!

Eugenie Newton, Editor
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PRESIDENT'S UPDATE

FRANK KALINOWSKI

In early March a water sample from the well was reported as *Present for Coliforms*. We notified Peter Neubauer at the County Department of Environmental Health (DEH) and Peter, Dan Fritz, MLIA Water Supervisor and I checked out the system. No obvious deficiencies were found by Peter. We chlorinated the system and took more samples a few days later and everything came back Absent.



Again, in mid May a water sample taken from the Los Huecos Water tank was reported as *Present for Coliforms*. As required, Peter Neubauer at DEH was notified. He and Dan checked out the water tank and found no obvious deficiencies. Dan took more

Continued on page 2

Save the Date!

**Progressive
Dinner**
June 21

See page 3 for all the details.

Annual Picnic
July 19

Picnic information on page 4. Watch for flyer.

Wine-A-Bit
August 16

More information on page 4. Watch for flyer.

PRESIDENT'S UPDATE CONTINUED

samples a few days later and all the water tests came back *Absent*.

We get quite concerned when a water sample comes back from the laboratory as *Present for Coliforms*. Both incidents this year have been singular events that we cannot duplicate, which is a good thing. We have reviewed our water collection procedures with Peter Neubauer and Dan is performing the water collections correctly. Our water is monitored at regular intervals and at various



New wellhead housing recently completed.



locations throughout the system. Dan is quite conscientious and he is always looking for possible problem areas in our water system. We are all a bit baffled, but confident that we have a good water system providing a safe and reliable water supply to the cabins.

Old wellhead.

Chili Fest “Best Chili” Recipe

White Bean Chili



Winner
Joannie Cochran

- 1 - 32oz. box chicken stock
- 3 - Cans white beans undrained (Recommend S & W in a light seasoning sauce)
- 3 - Cups cooked chicken (rotisserie) shredded
- 1 - 16 oz. jar salsa (Recommend Pace chunky mild)
- 1 - 8 oz. block Pepper Jack cheese grated (Recommend Sargento.) Use a little bit less because than the full 8oz as it can get really spicy.
- 2 - Cloves garlic minced
- Black or white pepper to taste
- ½ cup crushed corn chips. Add at the end to make the chili thicker.

Place all ingredients except corn chips in crockpot and cook on high until cheese is melted. When the chili is ready, add the crushed corn chips and simmer for 10 minutes to thicken. Garnish with more chips, cheese, and/or sour cream and serve.

Enjoy!

*Recipe belongs to Diane Delgado
Copyrighted by Cheryl Huguley.*

9th Annual Progressive Dinner



RSVP by June 14 to Cookie Ringhand for head count.
(619)889-7145 or
cookie@cox.net

SATURDAY, JUNE 21
3:00 – 7:00 PM

**Cabins #715 Krauss,
#716 Sessions, and
718 Wallar in
Boiling Springs Tract.**

Easy to get to –

Turn onto Boiling Springs Rd from
Sunrise Highway. Go past the sign
board and follow the signs!

MAIN COURSE WILL BE FURNISHED.

Sign up now to bring an appetizer, salad
or dessert to share. Please bring your own chairs.

\$10 per adult & \$5 per child.

Proceeds benefit Mt Laguna Fire Safe Council 501(c)3

Lots of Door Prizes ~ Thanks to Realty World Pro-Consultants,
MLIA and many others. Auction donations accepted if you have a
special item or skill you would like to contribute.

**County regulation compliance requires Service Animals Only
at functions serving food. NO PETS PLEASE.**

MLIA Will Provide Water to Shrine Cabins

Frank Kalinowski and Dan Fritz have been meeting with Devin Breise, representative for the Shrine Camp cabins, for the past month to work out a way for the seven remaining habitable cabins in the Shrine Camp to get water. The Forest Service is supportive of these Shrine Camp cabin owners being able to use their cabins again.

Several issues need to be resolved for the Shrine Camp cabins to have their permits re-activated. First, the Shrine Chariot Fire clean-up must be completed and that should be done by now. Second, once the clean up is finished and access to the area is granted then the remaining cabins need a source of safe water. Since the long-term situation for the Shrine Camp remains unclear, a temporary water solution needs to be developed. Devin approached the Board of Directors to discuss how MLIA might assist these cabin owners so they can return to their cabins.

An agreement was reached for MLIA to provide water by trucking it to a temporary water tank located in a garage near the Shrine cabins. The temporary tank and a water meter have been installed and hooked up to the existing cabin

water lines. Some work is needed to isolate these cabins from those that have burned. Shut offs and hose bibs to drain the system will be installed so the water system doesn't have dead ends. All these areas have been checked out and the work should not be difficult to do.

The seven Shrine cabins expect to use in the range of 35,000 gallons of water a year, which is approximately 5000 gallons or less per cabin. If usage is over that they will pay additional charges on a sliding scale just like other MLIA cabin owners. Additionally the remaining Shrine cabins are joining the MLIA as regular members and will be paying the same MLIA fees as all other cabin owners.

So many of us as Mount Laguna cabin owners have talked about wanting MLIA to help our friends at the Shrine Camp. This is one of the first things that can be done and is needed. This arrangement allows the seven Shrine Camp cabin owners to use their cabins once again and MLIA gets seven new members!

John Wallar, MLIA Past-President

MLIA Picnic

JULY 19, 2014

12 – 3 pm

Horse Heaven Campground

Potluck Picnic

Door Prizes, 50/50 Raffle

\$100 Grand Prize

Wine-A-Bit

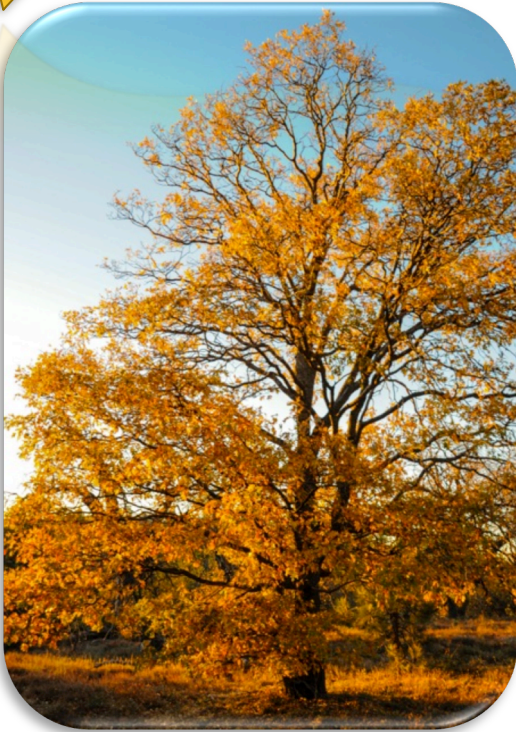
AUGUST 16, 2014

3–7pm

Hosted by Cal & Linda and
John & Peggy
Cabin 583

Auction, Door Prizes, and
50/50 Raffle

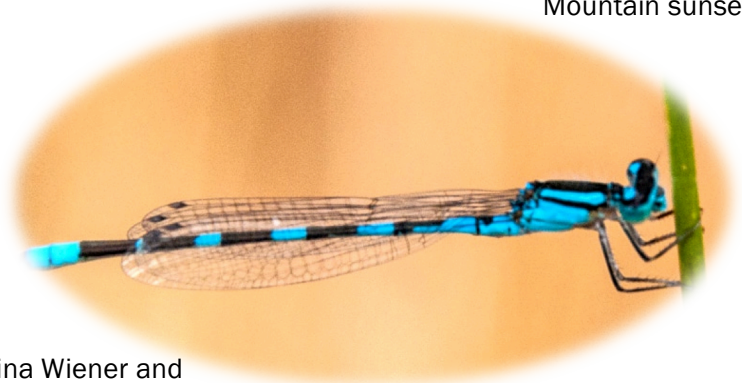
Favorite Photos



Aubrey Hill. Last November.



Cindy Jensen.
Mountain sunset.



Trina Wiener and
Todd Mitchell.
Dragonfly.



Peggy Elliott. Chariot Fire area one year later.



Janine Paulette.
Meadow rainbow.



Rob Knodle. Tree fungus.



Donna Crossman. Wheelbarrow.



Cal and Linda Turner. Fall cabin.



Mike Margolis. Milky Way behind the cabin the night before Chariot Fire.



Donna Crossman.
Raccoon tracks.

YARROW

A Plant with a Great History

May and June are incredible flower months on the mountains. Even in a dry year, like this one, we have wonderful flowers. One of my favorite is **yarrow**, *achillea millefolium*. We have two types of yarrow on Mt Laguna—yellow flowering and white flowering. The yellow begins blooming in May and June and the white blooms a little later in the summer.

White yarrow has lacy, fernlike little leaves, straight stalks about a foot high, and flat flower heads with many little white flowers. The ferny leaves appear in clusters early in the spring but the flowers don't appear until early summer.

Yellow yarrow has slightly broader leaves and may not be as tall as the white yarrow.

The Latin name, *achillea millefolium*, comes from the story of Achilles from Greek mythology. When he was injured in the Trojan War a compress of yarrow leaves was placed on his wound. Traditional healers still use yarrow leaves to treat skin abrasions and wounds, as it is antiseptic and helps stop blood flow.

The Chinese many centuries ago used yarrow for divination in the *I Ching*. Dried stalks of yarrow were cast onto the ground and their forms were read to mean certain things. Clearly, yarrow is found worldwide. It appears to have originated in

Eurasia and spread from there.

The Indians all over California used yarrow for various ailments. A tea brewed from the flowers treated colds, flu, headaches and stomach complaints and poultices were placed on wounds. Traditional herbalists today consider yarrow to be anti-inflammatory, astringent (drying), and hemostatic (stops bleeding). This common plant has a centuries-long heritage of traditional medicinal use.

Look for yarrow next time you take a walk. It's a plant with a great history!

Joanne Odenthal, Cabin 505
joanne@plantwoman.com



This information is not intended to treat any illness. As with all plants and herbs, please consult a professional before using them medicinally. Yarrow can cause dermatitis in sensitive individuals.

Mt Laguna Fire Safe Council News Brief

100-foot defensible space fuel reduction is proceeding rapidly on Mt. Laguna. As of the end of May, three 40-yard dumpsters were filled with leaves. Keep up the good work and help keep our community as fire safe as possible.

Thanks again to Bob Olsen and USFS Battalion Chief Jason Kraling, for organizing the program, the crews at Camp Ole, and to your donations and a grant from SDG&E for funding the 2014 "Dumpster" Program.

John Waller has stepped forward and is once again our equipment manager. If you need to reserve the Mt. Laguna Fire Safe Council truck or equipment, contact John at 949-422-9561. Tom McWay at the Laguna Mountain Lodge has the keys to the truck and is notified by John when a reservation is made.

Use caution when using equipment especially weed whackers. The Fire Agencies (USFS, BLM, CALFire and the San Diego County Fire Authority) request that you do not use weed whackers between 10 am and 2 pm daily because of the high threat of accidentally starting a fire.

Summer is a time for family barbeques. Store used briquettes with great caution since if buried they can smolder for days and start a fire as happened in 2007 in Boiling Springs Tract. Also small propane tanks attached to barbeques when left outside during a fire can explode as witnessed recently in the fires in San Marcos and the

Dumpster Etiquette

Place **ONLY** leaves and needles in the dumpster.

Tree limbs, branches, pine cones must be put in the separate collection area for brush vegetation.

Do not leave black bags of leaves next to the dumpster.

Please **DO NOT** put the black bags in the dumpster!

Fire Safe Council Meetings

Saturday, June 21
10:00am - 12:00 pm
Red-Tailed Roost

Dr. Jerry Schaefer, cabin owner and archaeologist, is back again to share information on the Pottery Making of the Kumeyaay Indians who lived on our mountain as far back as 10,000 years ago. Bring the kids and grandkids for what is sure to be a most informative, enjoyable and understandable presentation.

➤ **Saturday, July 19**
10:00am - 12:00pm
Red-Tailed Roost

MLIA Community Picnic immediately following.

➤ **Saturday, August 16**
10:00 am - 12:00pm
Red-Tailed Roost

Wine-A-Bit following in the afternoon.

other coastal communities. Bonfires are not allowed by the USFS. For many long time cabin owners and private property owners, this information may be redundant, but we have many newcomers on the mountain.

We invite new owners to our monthly Fire Safe Council Meetings, the third Saturday of each month from 10am to noon. Learn some tips for living fire safe on the mountain.

Pat Deasey-Spinetta, President
Mt Laguna Fire Safe Council

Keep up with Mount Laguna Fire Safe Council News online at
www.mtlaguna.org/fire-safe-council

S U M M E R 2 0 1 4

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

Founded in 1935, the Mount Laguna Improvement Association acts as a liaison between cabin owners and the Forest Service addressing roads, water, and wood removal.

www.mtlaguna.org

Water Maintenance

Please report any problems with the MLIA water system to Dan Fritz at (619) 405-1452.



Mike Margolis.
Mountain chickadee.

Have You Moved? Let Us Know!

Send your address and email changes to Karen Motta at RKMotta@cox.net or call (760) 440-9554.

Road Access Update

Our access roads came through the winter in pretty good shape. This is due in part, unfortunately, to the lack of moisture as well as good preparation prior to the 2013 rainy season. We plan to spread all remaining road base where it is most needed within the next couple of months and are preparing a final list of cabin owners that have a desire for delivery of decomposed granite (DG) prior to the 2014 rains. Call me at the number below if you want to be included.

Thanks, and see you soon on the mountain!!

Carl Sessions, Cabin 716
(619) 571-2284

Eugenie Newton, Editor
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