

CABIN NEWSLETTER



VOLUME 16
NUMBER 65

SPRING 2018

Coming Events

- April 21** **ChiliFest Social**
 RSVP NOW
 (619) 993-4616
 Details on page 3
-
- April 21** **Fire Safe Council**
 10:00 am-12:00 pm
 Red Tailed Roost
-
- May 5** **MLIA Board Meeting**
 9:00-11:00 am
 Red-Tailed Roost



President's Update

Frank Kalinoski

It's Spring on the mountain and it is raining or snowing or blowing or sunny - pick a day and your weather!! This time last year we were recovering from a 300,000 gallon water loss from the Ole water tank due to a corroded valve and a cabin water leak. In late February this year Joe Cook on Boiling Springs noticed a water leak near cabin 761 and he called Dan. Dan checked it out and it was a 2" distribution line from the Ole tank. Dan shut down the line to stop the water loss. A big thanks to Joe Cook for being observant.

Now we are waiting for warm and dry weather to fix the break. We do not know what caused the break. A check of the Ole water tank showed a loss of about 50,000 gallons. (With the installation last year of the new liquid level indicator on the Ole tank, we can get really accurate readings on the water level.) With all of the heavy machinery rumbling through the forest removing trees and

Watch for water line breaks!

Call Dan Fritz at (619) 405 - 1452 IMMEDIATELY if you see any water running, pooling or ground that is constantly damp. The heavy equipment around our cabins can be hard on the water lines.

President's Update, *continued*

tearing up the ground, we should all be vigilant for possible water line breaks.

The Forest Service contractor appears to be still working on the hazardous tree felling and removal in the Los Huecos and Boiling Spring tracts. It appears that their big tree chipping machine breaks quite often. In the El Centro tract, many trees have been felled but no cleanup has started yet. There are trees marked with blue for felling that are still standing, but we do not know why. When they informed us of this project, it was supposed to continue through this Spring 2018 but we are really not sure what is happening.

The Chili Fest Social is going to be held at the Community Center & Church again on Saturday April 21st. (The same day as the first 2018 Fire Safe Council meeting.) The Chili cook-off kicks off our social events for the year on the mountain. I can't wait!! It should be a delicious event. We had 12 new cabin owners last year. I hope they all show up so that we can get to know our new neighbors and maybe get some new and different Chili samples.

See you on the mountain!
Frank



PCT
This Way!



**Adopt-A-Road
Spring Cleanup
May 5 - 12:30 pm
Meet at the Visitor Center.**

12 volunteers needed to clean our 2.6 mile section in one hour. Burgers and refreshments at Cabin 716 after.

See you there!! Carl Sessions

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

CHILI FEST SOCIAL

All MLIA Cabin Owners,
Private Property Owners, LMVA,
Visitors and Guests
Are Invited.

DON'T FORGET!
RSVP Now @
(619) 993-4616



Saturday, April 21
1:00 pm - 4:00 pm

**Mt. Laguna
Community Center**

Sunrise Highway at the
Desert Overlook turnoff.

**\$10.00 Gift Card or
Cash Donation
Per Person**



Good Food!
Good Neighbors!
Lots of Fun!

**Bring your favorite Chili, Cornbread,
Salad or Dessert to share.**

Vote for this year's "Best Chili."

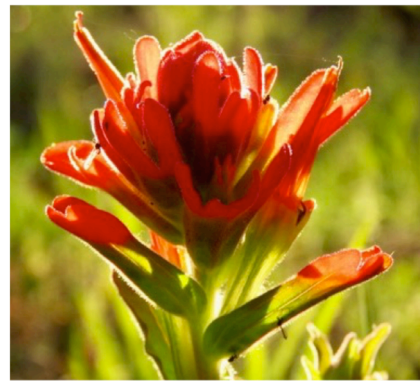
**Hand-crafted items are welcome for our
"Opportunity Drawing."**

MLIA will supply drinks, plates, utensils and cups.
Bring your chili in a crockpot to keep it warm and
serving utensils for your dish.

Please bring a chair or two for seating.

*San Diego County Regulations allow only Service Animals at
functions serving food. No pets, please.*

**RSVP to Joanie Cochran so we have a head
count and know who's bringing what!**
(619) 993-4616 or
email: sassysilks@outlook.com



Good News About Cabin Insurance from National Forest Homeowners

After many months of effort, the National Forest Homeowners organization is pleased to announce that it has reached an agreement with Assurance Risk Managers/ARM Multi Insurance Services (ARM) located in Woodland, CA to offer a Cabin Insurance Program to our Members.

By entering into this agreement, NFH has endorsed ARM's cabin insurance offering. Upon program launch, the NFH website will link the member to ARM to obtain more information

Brock Houston
Cabin 807

and/or request a quote directly from ARM.

NFH is not a party to any contractual agreement between the cabin owner and ARM. This offering is in direct response to those cabin owners who have reported difficulty obtaining insurance for their cabin and those who are dissatisfied with their current offering.

It is not NFH's intent to displace the positive relationships many cabin owners have with their current insurance provider.

Further details will be available on the NFH website and through email in the near future.

**For more
information click:**

http://www.nationalforesthomeowners.org/page/Cabin_Insurance.

Mount Laguna Fire Safe Council

Joe Cochran
MLFSC President

Welcome to Spring Time on the mountain! Flowers and lilacs are blooming . . . it's a great time of the year. Even though we had a strange winter it looks like we're out of fire danger for a while. With Spring comes cleanup again. That never ends!

Our **first Fire Safe Council meeting** of the year will be April 21st -10 a.m., at the Red-Tailed Roost. Our meetings continue monthly on the 3rd Saturday each month, April through November. Join us on the 21st for an update on the dead and

downed wood removal as well as some other things happening.

The County Fire, American Red Cross, and the Burn Institute have a program in the works to install **smoke detectors in everyone's cabin**. The Fire Safe Council will do the install. Let us know if you need one.

Hope to see you all on the 21st- Thanks for your efforts and cooperation.

Incredible Edibles

Nettles, Miner's Lettuce and Water Cress



Nettles

Nettles (*Urtica dioica*) are among the first greens of spring. Although they sting if you pick them with your bare hands, if you wear a pair of gloves and use scissors they're easy to harvest. Look for them along streams, as they like things a bit damp. I've harvested along Los Huecos Road, although it's best to harvest at least 50 feet from a well-traveled road.

Nettles grow all over the world and have been used for centuries as food and medicine. Incredibly high in minerals such as magnesium, potassium, and calcium, they're good for your bones. They can be steamed like spinach, made into a tea, or used in soups. The taste is sweeter than spinach and once they're cooked, the prickles are gone.

Harvest only the fresh green tops, about the first 12 inches or so. Don't take any leaves that are yellow. Also, harvest in early spring before they set seed. They're at their tastiest when they're really fresh.

Another fun spring edible is **miner's lettuce** (*Claytonia perfoliata*) with its little round, succulent leaves and tiny white or pink flowers. It grows in dappled shade and moist soil. The Indians ate this plant, as did the miners of the Gold Rush. It was used to prevent scurvy, since it's high in vitamin C. It can be eaten raw or steamed lightly. I've never found enough to actually harvest, but it's fun to look for it in the springtime.



Miner's lettuce

Watercress (*Nasturtium officinale*) grows in streams and along the shores of lakes. It's a member of the mustard family, which explains the peppery taste. (Watercress is not related to the common garden nasturtium, which belongs to a different family.) Like most plants in the mustard family, watercress is high in vitamins and minerals. The only problem is that our streams and lakes also host giardia, so using raw plant material from our waterways isn't such a great idea. Too bad but it is best to buy it in the store.

Try one or more of these incredible edibles this spring!

Joanne Odenthal
Cabin 505



Watercress



Many thanks to Nola Houston and Karen Motta for their photo contributions to this newsletter!

SPRING 2018

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

Founded in 1935, the Mount Laguna Improvement Association acts as a liaison between cabin owners and the Forest Service addressing water, roads and wood removal.

www.mtlaguna.org



New Contact Info?

Send new email, phone
and address information to

Karen Motta
(619) 977-2083
RKMotta@cox.net

Dan Fritz **MLIA Water Supervisor**

(619) 405-1452

Report any MLIA water
system issues to Dan
immediately.