

Cabin Newsletter

Volume 16 – Number 67

September, 2018

MLIA NEWS

Frank Kalinoski, President

If you somehow missed attending the **Wine-A-Bit and Craft Beer Fest** on Saturday August 18th, you missed a great time!! Carl and Vicki Sessions graciously allowed us to use their cabin #716 in Boiling Springs. Meg Moore and Jack Splinter donated the craft beer with about eight different beers to taste. They were really interesting.

A lot of people brought their favorite appetizer and there was quite a variety of really good stuff to eat . . . enough to fill three tables. Carl got the Corn-Hole tournament going and there were some really competitive matches to entertain the spectators. The auction included a beautiful quilt created by Karen Motta, a Corn-Hole set built by Carl Sessions, and a custom made Booze-Moose dispenser donated by Tom McWay at the Laguna Lodge and Store.

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Save the Date

Annual Meeting

Sat, Sept 15

Agenda on page 3

Oktoberfest

Sat, Oct 6

Flyer on page 5

Fire Safe Council

October 20

November 17



MLIA News, *continued*

The first weekend in October we will be hosting our **Oktoberfest**. For you new cabin owners, this is an excellent opportunity to meet your fellow cabin folks on the mountain.

This week of our Wine & Beer event we had a torrent of rain in a short period of time that really took a toll on our cabin access "roads". We also had a deluge in July. With the warming climate and the increased likelihood of summer thundershowers, we've had conversations in the quarterly MLIA executive committee meetings about cabin access maintenance and how to fund it.



Scott Knodle

Just as you have experienced in your own homes the cost of services has steadily increased for the MLIA also. To address this issue we have been forced to increase our annual fees by \$20. More information will be provided at the **MLIA Annual meeting on September 15th**. (An email was sent to all cabin owners recently with fee increases information.) I hope most of you will attend your annual MLIA general membership meeting to learn more and participate in the discussion.

Next spring 2019 the annual National Forest Homeowners conference is going to be held in San Diego! This has never happened before. It is a fantastic opportunity for the MLIA, the Descanso Ranger District and the Cleveland National forest to shine!! I will be asking the NFH leadership how we can help make this a great event. Stay tuned.

Frank

Wanted! New Board Members!!

Join the MLIA Board of Directors and keep up to date on all the mountain and cabin issues. Be a Director and have a voice in what happens with our cabins.

The primary commitment is to attend quarterly board meetings and the Annual meeting. This is five meetings per year. If you need to miss a meeting, no problem! There's no "homework" unless you volunteer for something.

We need your wisdom, your experience, and your involvement.

There's still time to get your name on the ballot for the annual meeting in September. Contact MLIA Secretary Joanne Odenthal at mliacabins@gmail.com to volunteer or for more information.

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

**NOTICE OF ANNUAL MEETING
SATURDAY, SEPTEMBER 15, 2018**

NOTICE IS HEREBY GIVEN OF THE 56TH ANNUAL MEETING OF THE MOUNT LAGUNA IMPROVEMENT ASSOCIATION TO BE HELD AT 10:00 A.M. ON SATURDAY, SEPTEMBER 15, 2018 AT THE RED TAILED ROOST ON SUNRISE HIGHWAY ACROSS FROM THE FIRE STATION.

THE MEETING IS FOR THE FOLLOWING PURPOSES:

1. GENERAL BUSINESS OPERATION
2. INTRODUCTION OF ASSOCIATED ORGANIZATIONS
3. SECRETARY'S REPORT
4. FINANCIAL REPORT
5. PRESIDENT'S REPORT
2017-2018
6. CURRENT WATER SYSTEM ACTIVITY
7. CHANGES TO ANNUAL FEE STRUCTURE AND FEE INCREASES
8. TRANSACT SUCH OTHER BUSINESS AS MAY PROPERLY BE BROUGHT BEFORE
THE MEETING
9. ELECTION OF OFFICERS AND MEMBERS OF THE EXECUTIVE COMMITTEE



ALL MEMBERS ARE WELCOME AND WE URGE YOU TO ATTEND!

MOUNT LAGUNA IMPROVEMENT ASSOCIATION
910 16TH STREET
RAMONA, CA 92065

Getting to Your Cabin

Recent July and August thunderstorms provided an opportunity to "walk the roads" in search of trouble spots. After the July storms most areas held up well with no serious wash outs, runoff ruts, or substantial potholes were viewed or reported by our tract captains. The August downpour taxed several cabin access roads however.



August thunderclouds

We still need to clear entry and exit culverts of silt, leaves, and other debris prior to the winter season. I am hoping that each tract will gather the necessary human resources with shovels and rakes to make that happen.

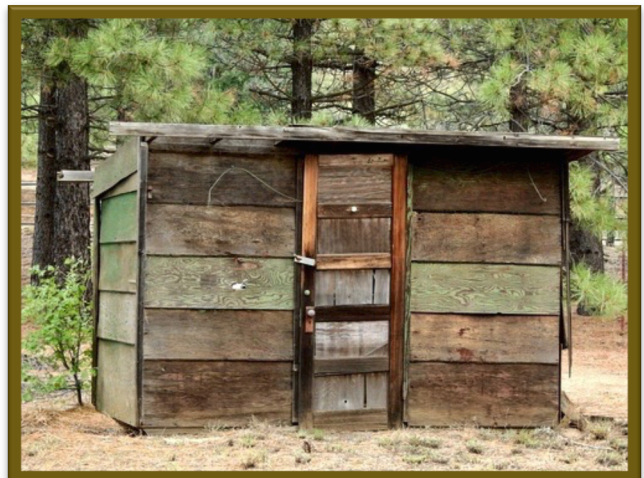
We are making headway on mechanical resources as noted by the tractor survey previously emailed to all cabin owners. That information was very helpful and strongly supported renting equipment to keep our access for fire fighting and emergency vehicles safe for easy ingress and egress. More information will be coming on this effort at the upcoming MLIA Annual Meeting on September 15th.

That's all for now! Enjoy the rest of summer as winter is just around the corner!!

Carl Sessions, VP MLIA, Cabin 716



FS Ranger cabin, c 1911



A mountain 'original'!

MOUNT LAGUNA IMPROVEMENT ASSOCIATION

**8th
Annual**



Saturday, October 6, 2018

2:00 – 7:00 pm

**Hosted by Ralph & Karen Motta and
Marilyn & Dennis Wilkinson**

Cabins 568 and 569 on Los Huecos Road

Oktoberfest Food and Fun

Brats, Hot Dogs, Kraut,
Real German Potato Salad,
and Desserts.

Please bring Beer or Wine
(German if you like) plus a
Appetizer, Salad, or Dessert to share.
Be sure to bring a chair!



Main course, soft drinks and water will be provided.

Gift Card Opportunity Drawing & Auction

Raffle & Auction donations always welcome.
Proceeds support Mt Laguna Fire Safe Council & MLIA.

Entry Donation

Cash or Gift Card

\$20 Adults

\$5 Children

RSVP REQUIRED

by Oct 1st

Joanie Cochran

(619) 993 - 4616

sassysilks@outlook.com

Service Animals Only ~ No Pets Please.

MT LAGUNA FIRE SAFE COUNCIL

Cleanup is in full swing!

Thanks to Jason Kraling, USFS, for allowing to place a dumpster for leaves and pine needles and providing an area for branches at the old school site. Many of you have already put it to good use. Thank you all for your cooperation in this year's cleanup around your cabins.

I want to remind you that the council is 'dark' (no meeting) for September as we have the annual MLIA meeting in place of it. We

will be meeting again in October on the 20th.

Our annual elections will be held at the November 17th meeting. Tom McNichol and Meg Moore have indicated they will stay on as Treasurer and Secretary, however I am going to move on. If anyone is interested in the president's position please contact me.

Again thank you for your efforts in protecting this place we all love so much and have a great rest of the year.

Joe Cochran
(619) 540-4616 Cell



Having difficulty with your Verizon phone coverage on the mountain?

In the last few months cabin owners have reported difficulties with declining Verizon coverage. If you have had problems sending or receiving emails, getting online or making phone calls, please **call Verizon at 1-800-922-0204**.

Let Verizon know how important good coverage in Mt Laguna is for you and for personal and fire safety.

Red & Blue Berries

Late summer and early autumn are fruiting season. Roses form red hips after the flower fades. Elderberry trees have huge clusters of berries, if you can get to them before the birds do. And those little nondescript shrubs that are all over the hillsides put out chokecherries. These are some of the native fruits that the Indians would have eaten. They're still good today, providing you know how to harvest respectfully and will take the time to clean and process them.

All red, blue and purple fruits are high in anthocyanins, a plant compound that is an antioxidant. Research is showing that foods high in anthocyanins have numerous



health benefits—from protecting against cancer to fighting colds and flu. These red and purple plant pigments may also protect the cardiovascular system, slow the advance of dementia, and help balance glucose levels. Not bad for food that also tastes good! Any deep red and purple foods have the benefits of anthocyanins. Fruits we commonly think of are blueberries, raspberries, strawberries, pomegranates and cranberries.

And here on the mountain we have rose hips, elderberries, and chokecherries. Rose hips are high in vitamin C. A tea brewed from dried or fresh rose hips can be used to treat colds and flu. Elderberries have been found to fight the H1N1 flu virus. An over the counter cold and flu remedy called Sambucol is made from elderberries.

The western chokecherry also has fruit that ranges in color from red to purple, so it's also full of anthocyanins. The taste is astringent and a little bitter, so chokecherries are often combined with other fruits in jams and syrups. You also don't want to eat the seeds of chokecherries, as they contain cyanic acid (as do apple seeds). Chokecherries are in fruit right now, so take a look around when you're at your cabin or taking a hike on the mountain.

Joanne Odenthal
Cabin 505

MOUNT LAGUNA IMPROVEMENT ASSOCIATION



Founded in 1935, the Mount Laguna Improvement Association acts as liaison between cabin owners and the Forest Service addressing water, roads, and wood removal.

mtlaguna.org

*Mt. Laguna sunset August 27.
Cal Turner*

Water Problems?

**Contact
Water Supervisor
Dan Fritz
right away!**

(619) 405-1452

New Contact Info?

**Send your updated
information to Karen Motta**

**(619) 977-2083
rkmotta@cox.net**

*Thank you, Nola Houston,
for your wonderful photos.*



*Eugenie Newton, Editor
evn8@san.rr.com*